



2010 Winter Games – Unified School Snowshoe-Fact Sheet

Location:	Suicide Six	
Date:	March 12, 2010	
Goal:	To provide a high quality Olympic-type games experience that highlights the abilities of the athletes in a safe and respectful environment.	
Sport:	Unified School Snowshoe Competition	
Schedule:	9:00 ó 9:30am	Registration
	9:30 ó 9:45am	Opening Ceremony
	9:45- 10:00am	Coaches Meeting
	10:00 ó 12:00pm	2 X 100M Final 2 X 25M Final
	12:00 -1:00pm	Lunch
	1:00 ó 4:00pm	2 X 200M Final 2 X 50M Final 4 X 100M Final

***** AWARDS will be presented at the completion of each event *****

Reminder: Both the Athlete and Partner compete the entire distance of the Event.

*Example: 2 X 50 Meter Event – Athlete Competes 50 Meters and Partner Competes 50 Meters
total 100 Meters.*

Directions: Suicide Six

From all points North/South Interstate 89
Take Exit 1 to Rt. 4 West
North on Route 12 (approximately 3+ miles)
Continue onto Pomfret Rd ó slight right off from Rt. 12 ógo 2 miles
Turn Left onto Stage Road and Suicide Six will be on your left.

From the West

Take Rt. 4 East 31 miles through Bridgewater into the Village of Woodstock,
North on Route 12 (approximately 3+ miles)
Continue onto Pomfret Rd ó slight right off from Rt. 12 ógo 2 miles
Turn Left onto Stage Road and Suicide Six will be on your left.



2010 Winter Games – Unified School Snowshoe- Timeline Checklist

Fees: \$5.00 per registered person in Delegation– Athlete/Partner/Coach/Support

Pre-Registration Forms – Due Friday January 29, 2010

- Delegation Training Schedule
- Pre-registration - **All paperwork needs to be completed and current** ó Medicals, Class A, AY, Protective Behaviors (Class A only)

Registration Forms – Due Friday February 26th

Timeline Checklist for Tournament

Date	Timeline	Date Sent
January 11	Begin Practice ó	
First day of Practice	Completed Athlete Application for Participation, Class A and AY Forms ó Protective Behaviors Course	
January 29	Athlete Pre-registration form Due	
January 29	Delegation Training Schedule form Due	
February 26	Registration Due	

***Registrations will not be accepted after February 26th
NO EXCEPTIONS**

Important Reminders:

Minimum Training Requirements are eight weeks/10 hours prior to competition in specific sport. Go to www.vtso.org for sports training guides.

Medicals/Consent original form must be signed and completed on file in State Office prior to training.

Athletes/Partners without medical/consent forms will NOT be eligible to compete at State competition. Incomplete forms will be returned.

All Coaches and Support Staff volunteer application signed, criminal background check completed and the On-Line Protective Behaviors course completed and on file with the state office.

MOST IMPORTANT! Make Training Fun!!



Delegation Training Schedule
Unified Snowshoe 2010

This form will assist the State in setting up times to visit Delegations at their practices in an effort to answer questions and observe training techniques. It is also useful when individuals call the State Office looking for information about your practice times.

Please submit to the state office by January 29th

Delegation			
Coordinator		Phone	
Address		E-mail	
City		State	Zip

Coaches			
Name	Address	E-mail	Phone

Training Schedule:

Date Training Starts: _____

Day of the week	Time	Location
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

Driving Directions to practice.

