



**Special Olympics**  
**young athletes™**



Dear parents!!

We are excited about starting a Spring Session the Special Olympics Young Athletes Program! The Program is an innovative sports play program for children ages two to seven with intellectual disabilities, designed to introduce them to the world of sports prior to Special Olympics eligibility at age eight. Young Athletes offers developmentally appropriate play activities designed for physical, cognitive and social development. The program focuses on foundational skills, walking and running, balancing and jumping, trapping and catching, throwing, striking, kicking and more advanced skills.

Young Athletes is an adaptable program that can work in a variety of learning environments. This program is simple enough for families to play with their young athletes at home, but it is also suitable for preschools, motor therapy sessions, Parks & Recreation Programs, playgroups, or any setting with small groups of young children with and without intellectual disabilities.

The Spring Session of the Young Athlete Program will be administered by Northwestern Medical Center professionals. The eight week runs March 3<sup>rd</sup> - April 21<sup>st</sup> at the following time and location:

Class Times:	Wednesdays from 4:00- 5:00pm
Dates:	March 3 - April 21
Location:	Northwestern Medical Center Conference Rooms

Please complete the form and return!

Donna Diaz  
Director of Sports  
Special Olympics Vermont  
[ddiaz@vtso.org](mailto:ddiaz@vtso.org)  
(800)639-1603 x104





## Young Athletes Registration Form ó Spring Session

Parents: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

(Cell) \_\_\_\_\_

E-Mail: \_\_\_\_\_

My Young Athletes Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Parent attending: \_\_\_\_\_

Please return to: Donna Diaz – Director of Sports  
Special Olympics Vermont  
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Williston, Vermont 05495  
[ddiaz@vtso.org](mailto:ddiaz@vtso.org) (802)863-5222 x 104

