

Anthony Musemici

Anthony is a Master Instructor for the Spinning® program and founder of AMFit personal training, a home training business based out of Queens, NY. He is an ACE, AFAA and NASM certified personal trainer as well as a former amateur competitive cyclist (Category 4).

Anthony has been in the fitness industry for more than 12 years and has trained athletes of every age. As a Master Instructor, Anthony has presented workshops and trainings all over the country as well on a national level at the World Spinning and Sports Conference (WSSC).

Anthony is a veteran of the 6-Hour Ride for Special Olympics Vermont, leading the event in 2009 to rave reviews. He brings his own style and high energy to this event!

